

GP MOL 26: Session: 3: COACH evaluation sheet for TEAM: LIZV

Coachinfo: Warming up from: 08:00 until 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Oyague Myriam HEADCOACH

Coaches: Paulussen Sabine

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 50M BUTTERFLY WOMEN 11+ Heat:5, starttime: 09:05

Heat: 5/19 Lane : 8 Athlete: COLSON FLEUR Q-time: 00:43:37

PB (50m pool): 00:36.54 Zwembad Brigitte Becue Oostend 10/05/2025 (25m pool): 00:35.78 SB: no time

	5 0 M	
PB	00:36.54	
	00:36.54	
	

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 11+ Heat:2, starttime: 09:45

Heat: 2/12 Lane : 5 Athlete: WALSCHOT ALICYA Q-time: 00:44:79

PB (50m pool): 00:44.79 SportinGenk Park 06/04/2026 PB (25m pool): 00:44.84 SB: 00:44.79 SportinGenk Park 06/04/2026

	5 0 M	
PB	00:44.79	
	00:44.79	
	

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 11+ Heat:3, starttime: 09:45

Heat: 3/12 Lane : 3 Athlete: PAULUSSEN SABINE Q-time: 00:42:81

PB (50m pool): 00:42.64 Zwembad Brigitte Becue Oostend 10/05/2025 (25m pool): 00:41.22 SB: 00:43.26 SportinGenk Park 06/04/2026

	5 0 M	
PB	00:42.64	
	00:42.64	
	

Coach feedback:

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Event number: 20: 50M BACKSTROKE MEN 11+		Heat:4, starttime: 10:05
Heat: 4/12 Lane : 3 Athlete: DUBOIS MELS		Q-time: 00:41:72
PB (50m pool): 00:41.72 SportinGenk Park 06/04/2026 PB (25m pool): 00:41.99 SB: 00:41.72 SportinGenk Park 06/04/2026		
	5 0 M	
PB	00:41.72	
	<i>00:41.72</i>	
	

Coach feedback:

Event number: 23: 50M BREASTSTROKE WOMEN 11+		Heat:5, starttime: 10:55
Heat: 5/16 Lane : 4 Athlete: FRANSSEN KATRIJN		Q-time: 00:47:55
PB (50m pool): no time PB (25m pool): no time SB: no time		
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 23: 50M BREASTSTROKE WOMEN 11+		Heat:5, starttime: 10:55
Heat: 5/16 Lane : 8 Athlete: TRUIJEN LORE		Q-time: 00:49:68
PB (50m pool): no time PB (25m pool): no time SB: no time		
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 23: 50M BREASTSTROKE WOMEN 11+		Heat:6, starttime: 10:55
Heat: 6/16 Lane : 8 Athlete: PAULUSSEN SABINE		Q-time: 00:47:47
PB (50m pool): 00:45.18 Zwembad Brigitte Becue Oostend 10/05/2024 PB (25m pool): 00:45.58 SB: no time		
	5 0 M	
PB	00:45.18	
	<i>00:45.18</i>	
	

Coach feedback:

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Event number: 25: 50M FREESTYLE WOMEN 11+		Heat:4, starttime: 11:30
Heat: 4/22 Lane : 5 Athlete: TRUIJEN LORE		Q-time: 00:39:98
PB (50m pool): no time		PB (25m pool): 00:39.98 SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 11+		Heat:4, starttime: 11:30
Heat: 4/22 Lane : 6 Athlete: WALSCHOT ALICYA		Q-time: 00:40:80
PB (50m pool): no time		PB (25m pool): 00:39.28 SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 11+		Heat:5, starttime: 11:35
Heat: 5/22 Lane : 5 Athlete: COLSON FLEUR		Q-time: 00:37:85
PB (50m pool): 00:32.98 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:32.45 SB: no time
	5 0 M	
PB	00:32.98	
	<i>00:32.98</i>	
	

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 11+		Heat:7, starttime: 11:35
Heat: 7/22 Lane : 4 Athlete: FRANSSEN KATRIJN		Q-time: 00:34:92
PB (50m pool): no time		PB (25m pool): 00:34.92 SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

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Event number: 26: 50M FREESTYLE MEN 11+		Heat:5, starttime: 11:55
Heat: 5/20 Lane : 6 Athlete: DUBOIS MELS		Q-time: 00:37:51
PB (50m pool): 00:34.52 Genk 01/02/2026		PB (25m pool): 00:34.15 SB: 00:34.52 Genk 01/02/2026
	5 0 M	
PB	00:34.52	
	00:34.52	
	

Coach feedback:

Event number: 27: 4x50M FREESTYLE WOMEN				Heat:1, starttime: 12:25
Heat: 1/4 Lane : 4 Athlete: TEAM LIZV 1				Q-time: 99:99:99
PB (50m pool):		PB (25m pool):		SB:
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB				

Coach feedback: